

Study Guide for Module 6

1. Define the following terms:

- Origin
- Insertion
- Belly
- Mastication
- Extrinsic hand muscles
- Intrinsic hand muscles

2. What do we call an entire group of muscles that work together?

3. List and define the three classes of levers:

- First-class lever
- Second-class lever
- Third-class lever

4. Identify the following muscles:

Anterior View (Coloring Book p. 107)

1. Sternocleidomastoid
2. Pectoralis major
3. Deltoid
4. Biceps brachii
5. Rectus abdominis
6. External oblique
7. Sartorius
8. Quadriceps femoris
9. Tibialis anterior

Posterior View (Coloring Book p. 109)

1. Trapezius
2. Deltoid
3. Triceps brachii
4. Latissimus dorsi
5. Extensor digitorum
6. Gluteus maximus
7. Adductor magnus
8. Biceps femoris
9. Semitendinosus
10. Gastrocnemius